

Need of Community Based Studies

As national health related issues continue to grow in many aspects we also see a rapid growth in the number of health institutions in the country. With more and more government institutions becoming academic in nature and along with more private and other medical colleges coming into the scene, the basis for medical research is gradually being strengthen in its foundations.

Most of the researches that we have now is hospital or institution based. These may be somewhat convenient and may also be more practical for those health issues that require close monitoring. However many people with disease condition, particularly in their early stages may not come to health institutions for treatment for various reasons and thus remain outside the health care system. The prevalence of the disease condition in these populations thus may be difficult to assess. Hence community and population based studies will provide vital information regarding prevalence of disease condition as well as providing a good screening tool and a much needed public health awareness campaign. Finding the prevalence of a disease condition will make us better equipped to deal with future.

The diversity in community as well in disease. To get the useful information to one come various problem is also difficult in the diversity of population and diseased. So it is more relevant to do the community based study. Such large community and population based studies will generate information, information powerful enough to improve the destiny of millions of people who depend upon us for their health and well being.

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