

## Need for scientific paper improvement

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Scientific journals play a key role in the dissemination of research results. At the same time, it is equally important to publish any scientific paper in any medical journal required for the academic career development. So it has increased the possibilities to influence the research priorities. The mandatory regulations are encouraging scientists to participate in scientific study. So the number of scientific paper publication in medical journals are increasing in developing country like Nepal.

With the advent of scientific medical journals, this country has also markedly received increased number of articles from both inside the country and abroad. It gives great pleasure in observing the keen interest shown by all in the published articles in the journal. The vast majority of the articles are retrospective studies done at a single institution or locality. These articles have their own important significance. Although lots of improvement is needed in medical study for paper publication.

Longer duration studies require greater team effort, persistence and the will to see it to the end. Retrospective studies of long duration may help planning for prospective studies. The outcomes of these longer duration follow up studies may have similar results as of that of short term outcomes and many a times one may be surprised by altogether different outcomes which may lead to a different view point for prognosis of the disease as well. Combining this with multicentre research will give an add on benefit of having a huge number of cases that will produce even more statistically and more clinically significant results. The data generated will then help in national or regional health policy making and will ultimately help in bringing research evidence into clinical practice.

National health agencies, medical institutions and various medical organizations can all work together in designing and conducting such large scale multicentre long term prospective trials. We look forward to have more articles of such magnitude in our upcoming publications.